

**Term 3, 2021**  
15th July – 20th September\*



# Leongatha Community House Inc

• learn • connect • share

## From the Coordinator,

It's hard to believe we are now more than half way through the year. This year so far, like last year, has come with it's hurdles and challenges. It's been great to see the community come together as one and support our local businesses, neighbours and each other.

The Leongatha Men's Shed have completed the produce cart that will sit outside the Leongatha Community House. If you have any extra produce in your garden, we would love it for our cart. The produce cart is available to anyone, come and swap produce or just take some items you might be able to utilise. Many thanks to Leongatha Men's Shed.

LCH is assisting anyone who may need help accessing the \$250.00 Power Saving Bonus from the State Government. To be eligible you must hold either a pension concession card or receive JobSeeker, Austudy, Abstudy or Youth allowance. Call the Community House to book an appointment.

The Community House will continue to bring you a program of activities to entertain, teach, and connect – if there is anything you would like to see run at your Community House please come in and let us know.

Leongatha Community House is on both Instagram and Facebook be sure to give us a “like” to stay up to date.

**Maddison Redpath**  
Coordinator

\*excluding public holidays

# Program update

This term unfortunately none of our programs are walk-in due to density restrictions. **Bookings are essential for all programs**, please call or email the Community House to make a booking. Thank you for your understanding.

## For the Kids

Details	Dates	Cost
<p><b><u>Kids Art &amp; Craft</u></b></p> <p>Our Thursday Kids Art &amp; Craft program has been so successful that we will also be offering it on a Monday.</p> <p>Join a fun crafty group to create, learn &amp; most importantly have FUN.</p> <p>Afterschool snack is provided.</p>	<p>Monday &amp; Thursday</p> <p>Start date TBC for Mondays group</p> <p>3.30pm - 5.30pm</p> <p>Weekly</p> <p>Bookings essential</p>	<p>\$10.00</p>
<p><b><u>Read, Set, Cook</u></b></p> <p>Come and have fun in our all new Kids cooking class.</p> <p>Each week we will bake something new &amp; delicious for the kids to bring home and share.</p> <p>Afterschool snack provided.</p> <p>Kids must be primary school age to attend</p>	<p>Tuesday</p> <p>Start date TBC</p> <p>3.30pm - 5.30pm</p> <p>Weekly</p> <p>Bookings essential</p>	<p>\$10.00</p>

## Coffee Club

Details	Dates	Cost
<p>Come and catch up with friends new or old at Coffee Club!</p> <p>This group is perfect if you are new to the area. Come and share a cuppa with us, and let us tell about this beautiful area you now call "home".</p>	<p>Last Monday of the month</p> <p>10.15am - 12.00pm</p> <p>Light refreshments provided.</p>	<p>FREE</p>

# Arts & Crafts

Details	Dates	Cost
<p><b><u>Knitting &amp; Crochet Group</u></b></p> <p>Experienced or beginner, this friendly group is a great way to share your enjoyment of these fun crafts. BYO lunch and your knitting or crochet project and enjoy a great Sunday.</p>	<p>1st Sunday of every month</p> <p>10:30am – 3:00pm</p>	<p>Gold coin</p>
<p><b><u>Art Together</u></b></p> <p>Do you try to draw or paint at home, but never find the time? Join a friendly group of like-minded people who create paintings or drawings and benefit from the exchange of techniques and ideas.</p> <p>BYO paints and equipment</p>	<p>Tuesday weekly</p> <p>10:00am – 12:00pm</p>	<p>Gold coin</p>
<p><b><u>Sewing &amp; Patchworking Group</u></b></p> <p>Gather with others to design, sew, and finish off your projects. Share ideas and motivation with others and make new friends too. Beginners welcome!</p> <p>Machines and supplies available for beginners.</p>	<p>Tuesday weekly</p> <p>1.00pm - 4.00pm</p>	<p>Gold coin</p>
<p><b><u>Craft in Company</u></b></p> <p>Bring along your WIP's (Works in Progress) or UFO's (Un-Finished Objects) and progress them in good company over a cuppa. Share your successes, and/or learn some new skills.</p>	<p>Thursday weekly</p> <p>10:00am – 12:00pm</p>	<p>Gold coin</p>
<p><b><u>Acrylic Painting for Beginners and Beyond</u></b></p> <p>Want to try your hand at painting with acrylics? Perhaps you just want some extra tips? Discover the fun of painting with acrylics in our friendly group.</p>	<p>Friday weekly</p> <p>10:00am – 12:00pm</p>	<p>\$5.00</p>

# Meet 'n' Eat

Details	Dates	Cost
<p>Leongatha Community House is so excited to be partnering with the Leongatha Yooralla Community Hub to be delivering the new Meet 'n' Eat program to the community.</p> <p>Weekly the group will be preparing meals for the community to come and purchase at a pay what you think philosophy.</p> <p>You can stay at the Community House to eat your meal with others or you can grab it on your lunch break to take away!</p>	<p>Last Monday of the month</p> <p>12.00pm - 1.00pm</p>	<p>Pay what you think</p>

# All Abilities

Details	Dates	Cost
<p><b><u>Womans Group</u></b></p> <p>Come and join our woman's group where we will be running all different activities and programs to suit your goals and interests.</p>	<p>Tuesday weekly</p> <p>9.30am—12.00pm</p>	<p>Cost will depend on activity</p>
<p><b><u>Music</u></b></p> <p>Our all abilities music program focuses on learning new instruments, writing songs &amp; having fun.</p> <p><b>*Bookings essential*</b></p> <p><b>Please call the Community House for the venue</b></p>	<p>Tuesday weekly</p> <p>9.30am—12.00pm</p>	<p>\$10.00 per session</p>

# Computers & Technology

Details	Dates	Cost
<p><b><u>Tech Time</u></b></p> <p>Want to learn more about your device? Trying to keep up with all the updates and new apps that pop up? Feeling a bit lost with technology?</p> <p>Drop in to this weekly session for group workshops to help with smartphones, tablets, and other portable devices.</p>	<p>Monday weekly 9.00am—10.00am</p>	<p>FREE</p>

# Health & Wellbeing

Details	Dates	Cost
<p><b><u>Over 60's Exercise Class</u></b> (Terry Guilford)</p> <p>Are you over 60 and would like to move more? Come and join our over 60's exercise class. This class is medium to high intensity to expect to sweat!</p> <p><b>BYO: Mat , sweat towel &amp; water bottle</b></p> <p><b>Please wear suitable clothing</b></p>	<p>Tuesday weekly</p> <p>10.00am -10.45am</p> <p><b>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</b></p>	<p>\$5.00</p> <p>Per session</p>
<p><b><u>Over 60's Exercise Class</u></b> (Terry Guilford)</p> <p><b><u>Low intensity</u></b></p> <p>Are you over 60 and would like to move more? Come and join our over 60's exercise class. This class is low intensity, it suitable for people with limited mobility or like the slower pace of an exercise class. This class is predominately done seated however some exercises are preformed standing up &amp; behind your chair.</p> <p><b>BYO: Water bottle &amp; sweat towel</b></p> <p><b>Please wear suitable clothing</b></p>	<p>Tuesday weekly</p> <p>11.00am -11.45am</p> <p><b>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</b></p>	<p>\$5.00</p> <p>Per session</p>

## Term 3, 2021 at a glance

<b>Monday</b>		
12.00 – 1.00	Meet n' Eat	Last Monday
9.00 - 10.00	Tech Time	Weekly
10.15 - 12.15	Coffee Club	Last Monday
1.00 - 4.00	Ukulele	Weekly
1.00- 4.30	LCH Solo Card group	Weekly

<b>Tuesday</b>		
9.30 - 12.00	All abilities Woman's Group	Weekly
10.00 -12.00	Art Together	Weekly
10.00 - 10.45	Over 60's medium Exercise Group	Weekly
11.00 - 11.45	Over 60's low intensity Exercise Group	Weekly
1.00 - 4.00	Sewing & Patchworking	Weekly
7.00- 9.00pm	Photography for beginners	TBC

<b>Wednesday</b>		
9.30 - 10.30	Wednesday Walkers	Weekly
9.30-12.00	All abilities Music program	Weekly
9.30 -10.30	Hatha Yoga	Weekly
10.45 - 11.45	Hatha Yoga	Weekly
1.00 - 3.00	Creative Writing	Weekly
7pm - 9.00pm	LCH Photography Group	3rd Wednesday
TBC	Beginners embroidery	Start date TBC

<b>Thursday</b>		
9.45 - 10.30	Tai Chi (Beginners)	Weekly
10.00 - 12.00	Craft in Company	Weekly
10.45 - 11.30	Tai Chi (Experienced)	Weekly
11.45 - 12.45	Circle Dancing	Weekly
4.00 - 5.00	Kids Art & Craft session	Weekly

<b>Friday</b>		
9.30 - 12.00	Painting with Acrylics	Weekly
10.00 - 12.00	Conversations in Italian	Weekly
1.00 - 4.30	LCH Solo Card Group	Start date TBC

<b>Saturday</b>		
10.00 - 11.30	Traveller's Spanish	Weekly
5.30 - late	Leongatha Dungeons & Dragons	Weekly
12.30 - 4.30	Calligraphy	31st of July

<b>Sunday</b>		
10.30 - 3.00	Knitting and Crochet	1st Sunday
10.30- 3.00	Beginners natural basketry workshop	12th of Sept
1.00 – 4.00	Scrolls and buns	19th of Sept

## **User Groups**

We are proud to be the chosen “home” for the following groups that meet at the Community House. Additional or new groups are always welcome.

Please note: the Community House does not run these groups; if you want to participate in any of them, we do have contact details.

**Basketry & Fibre Group** meets on the 4th Sunday at 10:30am

**Leongatha Group of Alcoholics Anonymous** meets weekly on Thursdays at 7.30pm

**Leongatha Arts & Crafts Society** meets on the 4th Thursday at 10:00am.

**Leongatha Horticultural Society Committee** meets on the 2nd Thursday at 4:00pm.

**T.O.P.I.C (Take Off Pounds In Company)** meets weekly on Thursdays at 12:30pm

**Woorayl Probus Knit & Natter** meets on the 3rd Monday at 10:00am

**Woorayl CERC** - contact Woorayl CERC for meeting dates

# Workshops

Details	Dates	Cost
<p><b><u>Photography for beginners</u></b> (Roy)</p> <p>Learn to shoot landscape, seascape, portraits, still life, sunset, sports, slow water, macro, silhouettes and much more.</p> <p>Learn the trick of the trade from a former professional photographer in a fun and relaxing class.</p> <p>Ever wonder what all of dials and buttons are for on you SLR camera? Well come along and find out and turn your snap shots into photos you would be proud to hang on the wall.</p>	<p>Tuesdays for 5 weeks</p> <p>7pm - 9.00pm</p>	<p>\$100.00</p>
<p><b><u>Calligraphy</u></b> (Jenefer)</p> <p>Learn the foundational script of the beautiful art of calligraphy.</p> <p>Participants will need to bring Calligraphy pen, 2B pencil, rubber &amp; a ruler.</p> <p>The Community House can supply these items at an additional fee.</p>	<p>Saturday July 31st</p> <p>12.30pm –4.30pm</p>	<p>\$15.00</p>
<p><b><u>Beginners embroidery</u></b> (Shahni)</p> <p>Join our 6 week beginners embroidery course and learn the very popular skill with the very talented Shahni.</p> <p>All design patterns will be provided.</p> <p>Included in the class fee you will receive an embroidery hoop and all materials.</p>	<p>Wednesday</p> <p>Time dependent on participants preference.</p>	<p>\$85.00 for the whole course.</p>
<p><b><u>Beginners Natural Basketry workshop</u></b> (Pat Dale)</p> <p>Learn to coil a small basket with natural materials like, red hot poker leaves, corn sheaths and lomandra.</p> <p>This workshop teaches you to collect and prepare your own materials.</p> <p>Bring sharp cutters and an old towel</p>	<p>Sunday the 12th of September</p> <p>10.30am - 3.00pm</p> <p>All materials provided on the day.</p>	<p>\$35</p>



# Workshops

Details	Dates	Cost
<p><b>Scrolls and buns</b> (Christine)</p> <p>I love making some homemade scrolls when I have visitors coming! They really are easy, and far superior in taste than store bought. They can be savoury or sweet.</p> <p>In this hands on workshop you will hand make your dough. I will have some prepared dough that you can make scrolls or buns of your choosing and bake. You'll take your cooked buns and your own dough home to bake.</p>	<p>Sunday September 19th</p> <p>1pm-4pm</p>	<p>\$55pp</p>



*All abilities  
After School Social  
Group*

**WEDNESDAYS & FRIDAYS 3.00PM - 6.00PM**

CALL THE COMMUNITY HOUSE TO SECURE A SPOT 5662 3962

# Health & Wellbeing

Details	Dates	Cost
<p><b><u>Hatha Yoga</u></b> (Pat Warburton)</p> <p>Gentle “body and soul” stretching and relaxation for all ages.</p> <p><b>BYO: mat, rug, and cushion or pillow</b></p>	<p>Wednesday weekly</p> <p>1st class: 9.30am – 10.30am</p> <p>2nd class: 10.45 - 11.45am</p>	<p>Gold coin</p>
<p><b><u>LCH Wednesday Walkers</u></b> (Heart Foundation Walking Group)</p> <p>Enjoy walks around the town (and beyond) in good company. Enjoy some fresh air and see new views of your town.</p>	<p>Wednesday weekly</p> <p>9:30am</p>	<p>FREE</p>
<p><b><u>Tai Chi</u></b> (Tania Bird)</p> <p>Experience for yourself the life-changing benefits of Tai Chi! This program is safe, effective, easy to learn, and suitable for men and women of all ages.</p> <p><b>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</b></p>	<p>Thursday every week</p> <p>Session 1: 9.45am - 10.30am</p> <p>Session 2: 10.45am - 11.30am</p>	<p>\$5 per session</p>
<p><b><u>Circle Dancing</u></b> (Tania Bird)</p> <p>Learn a variety of international folk dances, all danced in a circle, and join with others to enjoy a refreshing lunchtime energy boost, and a lot of fun! No previous dance experience needed.</p> <p><b>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</b></p>	<p>Thursday every week</p> <p>11.45am - 12.45pm</p>	<p>\$5.00 per session</p>

**Leongatha Community House Inc** is a proud member of Neighbourhood Houses Victoria and the Australian Neighbourhood Houses and Centres Association. You can be assured that your Community House meets all required standards of operation.

# Hobbies & Interests

Details	Dates	Cost
<p><b><u>Ukulele Jam</u></b> (Janet Head)</p> <p>Do you play the ukulele? Or you'd like to learn? Whether you're an experienced player or just starting out, come along for practice and fun.</p>	<p>Monday weekly</p> <p>Beginners: 1.00pm - 2.00pm Jam: 2.00pm - 4.00pm</p>	<p>Gold coin</p>
<p><b><u>Conversazioni in Italiano</u></b> (Conversations in Italian with Connie di Blasi)</p> <p>For those who already have some familiarity with the Italian language, this group is an opportunity to practice and improve your fluency in an informal and fun atmosphere.</p>	<p>Friday weekly</p> <p>10.00am - 11.00am</p>	<p>\$10</p>
<p><b><u>Leongatha Dungeons &amp; Dragons Group</u></b></p> <p>This table-top role-playing game is loads of fun; join the group for amazing adventures, explore new worlds, and let your imagination take flight. 18 and over.</p>	<p>Saturday every fortnight</p> <p>5.30pm til late</p>	<p>Gold coin</p>
<p><b><u>Traveller's Spanish</u></b> (Hector Velez)</p> <p>Spanish is spoken in 20 different countries and by more than 550 million people world wide. Expand your vocabulary and improve your fluency in these fun and relaxed sessions.</p>	<p>Saturday weekly</p> <p>10.00am - 11.30am</p>	<p>\$5</p>
<p><b><u>LCH Photography Group</u></b></p> <p>Do you own a DSLR camera and have an interest in photography?</p> <p>Come along to our monthly meeting to share all things photography, in a fun &amp; relaxing way</p>	<p>3rd Wednesday of every month</p> <p>7pm - 9.00pm</p>	<p>Gold coin</p>
<p><b><u>LCH Solo Card Group</u></b></p> <p>Come along and learn how to play this interesting and fun card game.</p>	<p>Monday AND Friday every week</p> <p>1:00pm – 4.30pm</p>	<p>Gold coin</p>

# Where to find us



**16 Bruce Street, Leongatha 3953**

Office Hours: Monday - Friday: 9:00 am - 3:30 pm

**Email:** [office@leongathacommunityhouse.org.au](mailto:office@leongathacommunityhouse.org.au)

**Website:** [www.leongathacommunityhouse.org.au](http://www.leongathacommunityhouse.org.au)

**Facebook:** [www.facebook.com/leongathach/](http://www.facebook.com/leongathach/)

**Instagram:** [www.instagram.com/leongatha\\_community\\_house/](http://www.instagram.com/leongatha_community_house/)

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Leongatha Community House receives support from South Gippsland Shire Council and the Victorian Department of Health & Human Services.

