

Term 4, 2022

7th of October - 20th of December



Leongatha Community House Inc

• learn • connect • share

From the Manager,

Welcome to term 4 of 2022, I cannot believe we are in the final term of the year!

We are so happy we can finally announce we have been fortunate enough to receive two grants: one from the Stronger Communities Programme and the second from the Department of Victorian Transport. These grants will allow us to purchase a Community House bus, for the community.

Unfortunately due to vehicle shortages we will not have the bus for a year but we will start consulting with the community in early 2023 to see how you would like the vehicle used.

I would like to take this opportunity to thank our amazing Committee, Tutors & Volunteers without you all we would not be able to run LCH to the high standard we currently do.

We are very excited that this year we will be delivering Learn Local courses here at Leongatha Community House in partnership with Manna Gum Community House—a big thank you to Manna Gum.

The Community House will continue to bring you a program of activities to entertain, teach, and connect – if there is anything you would like to see run at your Community House please come in and let us know.

Leongatha Community House is on both Instagram and Facebook be sure to give us a “like” to stay up to date.

Maddison Redpath
Manager



*excluding public holidays



For the Kids

Details	Dates	Cost
<p><u>Read, Set, Cook</u> Come and have fun in our all new kids cooking class. Each week we will cook something new & delicious for the kids to bring home and share.</p> <p>Kids must be primary school age to attend</p>	<p>Tuesday</p> <p>Starting with the school term</p> <p>3.30pm - 5.00pm</p> <p>Weekly</p>	<p>\$10.00</p>

Sensory play for Bubs

Details	Dates	Cost
<p>This is a great opportunity for you to get out of the house and spend some quality time with your child having fun together, singing, dancing, reading, doing messy play, or completing a craft activity at Leongatha Community House.</p> <p>If the weather is nice, we will hold these sessions in our backyard so make sure you have a sunhat. Bring some morning tea to enjoy afterwards.</p>	<p>Weekly Wednesday</p> <p>11.15am - 12.00pm</p>	<p>\$5.00</p>

Events

Details	Dates	Cost
<p><u>Leongatha Community House Christmas Party</u></p> <p>Join us for our annual Christmas party. Great company and delicious food provided</p>	<p>Friday 9th of December</p> <p>12pm -2pm</p>	<p>\$0</p>
<p><u>Christmas Light viewing</u></p> <p>Would you like to go looking at Christmas lights in company around Leongatha? Well, we would love to take you.</p> <p>We have 10 seats available, so get in quick to avoid missing out on a night of fun!</p>	<p>Friday 16th of December</p> <p>8pm meeting at LCH</p> <p>If you don't drive we will pick you up</p>	<p>\$10.00</p> <p>Includes hot chocolate</p>

Arts & Crafts

Details	Dates	Cost
<p><u>Knitting & Crochet Group</u></p> <p>Experienced or beginner, this friendly group is a great way to share your enjoyment of these fun crafts. BYO lunch and your knitting or crochet project and enjoy a great Sunday.</p>	<p>1st Sunday of every month</p> <p>10:30am – 3:00pm</p>	<p>\$2.00</p>
<p><u>Doodle Together</u></p> <p>Do you try to draw or paint at home, but never find the time? Join a friendly group of like-minded people who create paintings or drawings and benefit from the exchange of techniques and ideas.</p> <p>BYO paints and equipment</p>	<p>Tuesday weekly</p> <p>10:00am – 12:00pm</p>	<p>\$2.00</p>
<p><u>Sewing & Patchworking Group</u></p> <p>Gather with others to design, sew, and finish off your projects. Share ideas and motivation with others and make new friends too. Beginners welcome!</p> <p>Machines and supplies available for beginners.</p>	<p>Tuesday weekly</p> <p>1.00pm - 4.00pm</p>	<p>\$2.00</p>
<p><u>Craft in Company</u></p> <p>Bring along your WIP's (Works in Progress) or UFO's (Un-Finished Objects) and progress them in good company over a cuppa. Share your successes, and/or learn some new skills.</p>	<p>Thursday weekly</p> <p>10:00am – 12:00pm</p>	<p>\$2.00</p>
<p><u>Acrylic Painting for Beginners and Beyond</u></p> <p>Want to try your hand at painting with acrylics? Perhaps you just want some extra tips? Discover the fun of painting with acrylics in our friendly group.</p>	<p>Friday weekly</p> <p>10:00am – 12:00pm</p>	<p>\$10.00</p>

All Abilities

Details	Dates	Cost
<p><u>Literacies for Work</u></p> <p>Step Up provides a comprehensive foundation in literacy numeracy and information technology to support the work and training goals of people of all abilities. It is centred on building three skillsets:</p> <ul style="list-style-type: none"> • Language skills for everyday life, volunteering and work • Numeracy skills for everyday life, volunteering and work • Digital skills for everyday life, volunteering and work 	<p>Wednesday</p> <p>1.00pm - 2.30pm</p> <p>Term 1, 2, 3, 4</p>	<p>\$50.00 Enrollment fee</p>

Details	Dates	Cost
<p><u>Woman's Group</u></p> <p>Come and join our woman's group where we will be running all different activities and programs to suit your goals and interests.</p>	<p>Tuesday weekly</p> <p>School Terms</p> <p>9.30am— 12.00pm</p>	<p>Cost will depend on activity</p>

NDIS Afterschool social group

Details	Dates	Cost
<p><u>NDIS Afterschool social group</u></p> <p>Join the NDIS Afterschool social group on a Wednesday.</p> <p>Programs depend on participant interests & goals.</p> <p>Last term the group did cooking, swimming, gym, craft & lots more.</p> <p>School pick up and home drop off's are provided.</p>	<p>Wednesday weekly</p> <p>School Terms</p> <p>3pm –6pm</p>	<p>Cost will depend on activity</p>

Term 4, 2022 at a glance

Monday		
9.30 - 12.00	Meet n' Eat	Last Monday
9.00 - 10.00	Tech Time	Weekly
1.00 - 3.00pm	Ukulele	Weekly
1.00- 4.30	LCH Solo Card group	Weekly
TBC	Beginners Sewing	Weekly
Tuesday		
9.30 - 12.00	All abilities Woman's Group	Weekly
10.00 -12.00	Doodle Together	Weekly
10.00 - 10.45	Over 60's medium Exercise Group	Weekly
11.00 - 11.45	Over 60's low intensity Exercise Group	Weekly
1.00 - 4.00	Sewing & Patchworking	Weekly
3.30 - 5.00	Ready, set cook for primary kids	Weekly
Wednesday		
9.30 - 10.30	Wednesday Walkers	Weekly
9.00 –10.00	Hatha Yoga	Weekly
10.15– 11.15	Hatha Yoga	Weekly
1.00 - 1.45	Meditation	Weekly
11.15– 12.00	Sensory Play for Bubs	Weekly
1.00-2.30	Literacies for Work	Weekly
3pm –6pm	NDIS afterschool social group	Weekly
7pm - 9.00	LCH Photography Group	3rd Wed
Thursday		
9.45 - 10.30	Tai Chi (Beginners)	Weekly
10.00 - 12.00	Craft in Company	Weekly
10.45 - 11.30	Tai Chi (Experienced)	Weekly

Thursday		
11.45 - 12.45	Exercise Dance	Weekly
12.30 onwards	T.O.P.I.C - see info under room hire	Weekly
Friday		
10.00 - 12.00	Painting with Acrylics	Weekly
10.00 - 11.00	Conversations in Italian	Weekly
1.00 - 4.30	LCH Solo Card Group	Weekly
12pm –2pm	LCH Christmas Party	9th of Dec
8pm onwards	Christmas Light viewing	16th of Dec
7pm onwards	Parents and Friends of Queer Youth	1st Fri of month
Saturday		
5.30 - late	Leongatha Dungeons & Dragons	Fortnightly
12 - 4.00	Calligraphy—Christmas Cards	12th of Nov
12.00 - 4.00	Stencilling Christmas Cards	19th of Nov
Sunday		
10.30 - 3.00	Knitting and Crochet	1st Sunday

User Groups

We are proud to be the chosen “home” for the following groups that meet at the Community House. Additional or new groups are always welcome. Please note: the Community House does not run these groups; if you want to participate in any of them, we do have contact details.

Basketry & Fibre Group meets on the 4th Sunday at 10:30am

Leongatha Group of Alcoholics Anonymous meets weekly on Thursdays at 7.30pm

Leongatha Horticultural Society Committee meets on the 2nd Thursday at 4:00pm.

T.O.P.I.C (Take Off Pounds In Company) meets weekly on Thursdays at 12:30pm

Woorayl Probus Knit & Natter meets on the 3rd Monday at 10:00am

Woorayl CERC - contact Woorayl CERC for meeting dates

Computers & Technology

Details	Dates	Cost
<p><u>Tech Time</u></p> <p>Want to learn more about your device? Trying to keep up with all the updates and new apps that pop up? Feeling a bit lost with technology?</p> <p>Drop in to this weekly session for group workshops to help with smartphones, tablets, and other portable devices.</p>	<p>Monday weekly 9.00am—10.00am</p>	<p>FREE</p>

Health & Wellbeing

Details	Dates	Cost
<p><u>Over 60's Exercise Class</u></p> <p><i>Bookings for this class is essential</i></p> <p>Are you over 60 and would like to move more? Come and join our over 60's exercise class. This class is medium to high intensity to expect to sweat!</p> <p>BYO: Mat, sweat towel & water bottle</p> <p>Please wear suitable clothing</p>	<p>Tuesday weekly</p> <p>10.00am -10.45am</p> <p>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</p>	<p>\$5.00</p> <p>Per session</p>
<p><u>Over 60's Exercise Class</u></p> <p><i>Bookings for this class is essential</i></p> <p><u>Low intensity</u></p> <p>Are you over 60 and would like to move more? Come and join our over 60's exercise class. This class is low intensity, it suitable for people with limited mobility or like the slower pace of an exercise class.</p> <p>This class is predominately done seated however some exercises are preformed standing up & behind your chair.</p> <p>BYO: Water bottle & sweat towel</p>	<p>Tuesday weekly</p> <p>Starting Tuesday the 25th</p> <p>11.00am -11.45am</p> <p>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</p>	<p>\$5.00</p> <p>Per session</p>

Health & Wellbeing

Details	Dates	Cost
<p><u>Hatha Yoga</u> (Pat Warburton)</p> <p>Gentle “body and soul” stretching and relaxation for all ages.</p> <p>BYO: mat, rug, and cushion or pillow</p>	<p>Wednesday weekly</p> <p>1st class: 9am –10am</p> <p>2nd class: 10.15 am - 11.15am</p>	<p>\$3.00</p>
<p><u>LCH Wednesday Walkers</u> (Heart Foundation Walking Group)</p> <p>Enjoy walks around the town (and beyond) in good company. Enjoy some fresh air and see new views of your town.</p> <p>This group usually grabs a coffee at a local café after their walk, all welcome to join.</p>	<p>Wednesday weekly</p> <p>9:30am</p>	<p>FREE</p>
<p><u>Tai Chi</u> (Tania Bird)</p> <p>Experience for yourself the life-changing benefits of Tai Chi! This program is safe, effective, easy to learn, and suitable for men and women of all ages.</p> <p>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</p>	<p>Thursday every week</p> <p>Session 1: 9.45am - 10.30am</p> <p>Session 2: 10.45am - 11.30am</p>	<p>\$5 per session</p>
<p><u>Exercise Dancing</u> (Tania Bird)</p> <p>Learn a variety of international folk dances, all danced in a circle, and join with others to enjoy a refreshing lunchtime energy boost, and a lot of fun! No previous dance experience needed.</p> <p>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</p>	<p>Thursday every week</p> <p>11.45am - 12.45pm</p>	<p>\$5.00 per session</p>

Hobbies & Interests

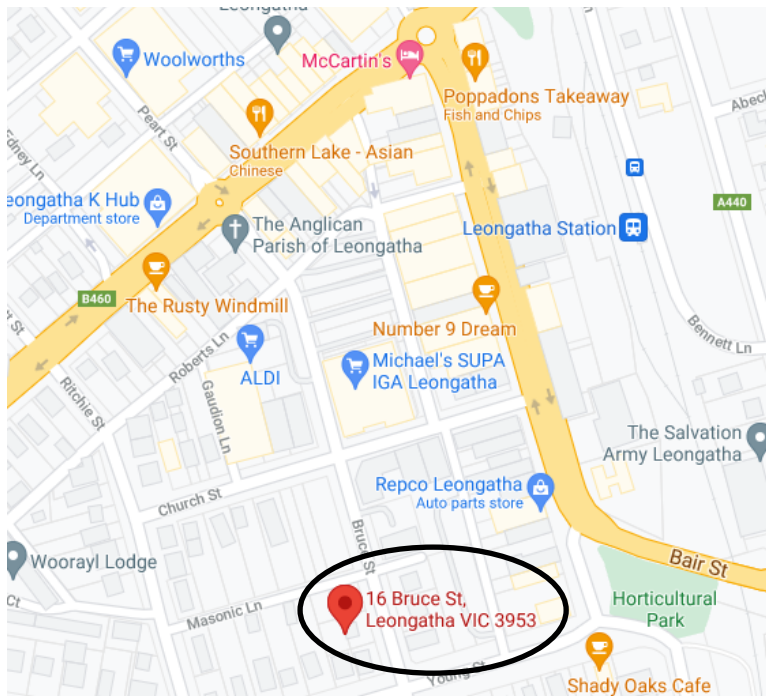
Details	Dates	Cost
<p><u>Ukulele Jam</u> (Janet Head)</p> <p>Do you play the ukulele? Or you'd like to learn? Whether you're an experienced player or just starting out, come along for practice and fun.</p>	<p>Monday weekly</p> <p>1.00pm - 3.00pm</p>	<p>Gold coin</p>
<p><u>Conversazioni in Italiano</u> (Conversations in Italian with Connie di Blasi)</p> <p>For those who already have some familiarity with the Italian language, this group is an opportunity to practice and improve your fluency in an informal and fun atmosphere.</p>	<p>Friday weekly</p> <p>10.00am - 11.00am</p>	<p>\$10</p>
<p><u>Leongatha Dungeons & Dragons Group</u></p> <p>This table-top role-playing game is loads of fun; join the group for amazing adventures, explore new worlds, and let your imagination take flight. 18 and over.</p>	<p>Saturday every fortnight</p> <p>5.30pm til late</p>	<p>Gold coin</p>
<p><u>LCH Photography Group</u></p> <p>Do you own a DSLR camera and have an interest in photography?</p> <p>Come along to our monthly meeting to share all things photography, in a fun & relaxing way</p>	<p>3rd Wednesday of every month</p> <p>7pm - 9.00pm</p>	<p>Gold coin</p>
<p><u>LCH Solo Card Group</u></p> <p>Come along and learn how to play this interesting and fun card game.</p>	<p>Monday AND Friday every week</p> <p>1:00pm – 4.30pm</p>	<p>Gold coin</p>

Leongatha Community House Inc is a proud member of Neighbourhood Houses Victoria and the Australian Neighbourhood Houses and Centres Association. You can be assured that your Community House meets all required standards of operation.

Workshops

Details	Dates	Cost
<p><u>Calligraphy Workshop, Gothic Script</u> (Jenefer)</p> <p>Christmas Cards Learn the foundational script of the beautiful art of calligraphy, Participants will need to bring Calligraphy pen, 2B pencil, rubber & a ruler.</p>	<p>Saturday the 12th of November</p> <p>12.00pm - 4.00pm</p>	<p>\$15.00</p>
<p><u>STENCILLING - CHRISTMAS CARDS.</u> (Meg Viney)</p> <p>Stencilling is an easy and exciting technique that can be used on paper, furniture, walls, fabric (eg clothing, curtains, cushions etc). In this class we will learn to stencil on Christmas cards. There will be designs available on the day; however you may wish to bring a design of your own. You will learn how to cut a stencil and then, using Jo Sonja's paints and a stencil brush, apply your design to the cards.</p>	<p>Saturday the 19th of November</p> <p>10.00am - 1.00pm</p>	<p>\$25.00</p> <p>Materials Included in cost</p>
<p><u>Beginners Sewing</u> (Sarah Hudson)</p> <p>Do you have a wardrobe of clothes that you like but they don't fit the way you want? Come along and learn how to sew, alter or make clothes that fit your body.</p> <p>Or, do you have a sewing machine or overlocker you need to learn to use? This is the perfect class for you!</p> <p>No previous experience needed.</p>	<p>Monday</p> <p>6pm - 8pm Or 10.30am - 12.30pm</p> <p>We would like the time of this class to cater to you, so when booking please let us know your preference</p>	<p>\$10.00 per class</p>
<p><u>Meditation</u> (Pat)</p> <p>A calm, relaxing environment for you to come and unwind from your everyday stresses.</p>	<p>Wednesdays</p> <p>Running for the duration of term 4</p> <p>1pm - 1.45pm</p>	<p>\$5.00 per session</p>

Where to find us



16 Bruce Street, Leongatha 3953

Office Hours: Monday - Friday: 9:00 am - 3:30 pm

Email: office@leongathacommunityhouse.org.au

Website: www.leongathacommunityhouse.org.au

Facebook: www.facebook.com/leongathach/

Instagram: www.instagram.com/leongatha_community_house/

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