

Term 4 2023

2nd of October - 22nd of December



Leongatha Community House Inc

• learn • connect • share

From the Manager,

Hello everyone.

My name is Christine and I will be managing the house until the end of 2023, while Maddison is on leave.

Our term 4 program is looking very festive with some Christmas themed Workshops and classes running throughout the term. Many of our popular classes are returning and we are trying out a few new additions.

Tuesday's from 4pm will see a new Women's Self Defence Class—The first session will be at the introductory price of only \$5! Come and give it a try! We also have a new Kids Art Class on Wednesdays at 4pm—The first session will be free to try! And finally we will be holding a new Creative Writing class on Monday mornings! Pricing and details on all our classes can be found inside and places are often limited so please call our office to book!

The House is open 9.00am—3.30pm, Monday–Friday, and we encourage the community, to drop in for a chat, check out our book library, get help with technology, use our internet facilities and share your ideas on what we can offer to the community.

You can check out our website and follow us on Facebook and Instagram to stay updated.



Leongatha Community House Inc is a proud member of Neighbourhood Houses Victoria and the Australian Neighbourhood Houses and Centres Association. You can be assured that your Community House meets all required standards of operation.

*excluding public holidays

Arts & Crafts

Details	Dates	Cost
<p><u>Knitting & Crochet Group</u></p> <p>Experienced or beginner, this friendly group is a great way to share your enjoyment of these fun crafts. BYO lunch and your knitting or crochet project and enjoy a great Sunday.</p>	<p>1st Sunday of every month</p> <p>10:30am – 3:00pm</p>	<p>\$5.00</p>
<p><u>Beginners Sewing</u> (Sarah Hudson)</p> <p>Do you have a wardrobe of clothes that you like but they don't fit the way you want? Come along and learn how to sew, alter or make clothes that fit your body. Or, do you have a sewing machine or overlocker you need to learn to use? This is the perfect class for you! No previous experience needed.</p>	<p>Thursday 2pm--4pm</p> <p><u>OR</u></p> <p>Saturday 12pm—2pm</p> <p>Classes start from October 18th 2023</p>	<p>\$15 Per class</p> <p>Discount term fee available Contact office for details.</p>
<p><u>Sewing & Patchworking Group</u></p> <p>Gather with others to design, sew, and finish off your projects. Share ideas and motivation with others and make new friends too. Beginners welcome! Machines and supplies available for beginners.</p>	<p>Tuesday weekly</p> <p>1.00pm - 4.00pm</p>	<p>\$3.00</p>
<p><u>Mixed Media Art</u></p> <p>In our joyful workshops, you will learn how to make cards, scrapbooking, Junk Magazines and a lot more using a wide range of materials and methods. CHRISTMAS theme this term</p>	<p>Tuesday weekly 5:00pm -7:00pm</p> <p>All materials are provided and included in cost of workshop</p>	<p>\$15</p>
<p><u>Kids Art</u></p> <p>Learn and develop skills in a fun and friendly environment, including watercolour, drawing collage, print making and painting. Ages 7-11</p>	<p>Wednesday weekly</p> <p>4.00pm-5.30pm</p>	<p>\$8</p> <p>Class with tutor Supplies included</p>

Arts & Crafts

Details	Dates	Cost
<p><u>Craft in Company</u></p> <p>Bring along your WIP's (Works in Progress) or UFO's (Un-Finished Objects) and progress them in good company over a cuppa. Share your successes, and/or learn some new skills.</p>	<p>Thursday weekly</p> <p>10:00am – 12:00pm</p>	<p>\$3.00</p>
<p><u>Acrylic Painting for Beginners and Beyond</u></p> <p>Want to try painting with acrylics? Or perhaps further your skills? Join our tutor Tracy and learn with our friendly group. Topics covered this term will include: creating different backgrounds, colour theory, and time to work on your own projects</p>	<p>Friday weekly</p> <p>10:00am – 12:00pm</p>	<p>Class with tutor \$10.00</p>

All Abilities

Details	Dates	Cost
<p><u>Women's Group</u></p> <p>Come and join our women's group where we will be running all different activities and programs to suit your goals and interests.</p>	<p>Tuesday weekly</p> <p>School Terms</p> <p>9.30am -12pm</p>	<p>Cost will depend on activity</p>

NDIS Afterschool Social group

Details	Dates	Cost
<p><u>NDIS Afterschool social group</u></p> <p>Join the NDIS Afterschool social group for fun and friendship. Programs depend on participant interests & goals. Activities often include cooking, swimming, fishing craft & lots more. School pick up and home drop off's are provided.</p>	<p>Tuesday Weekly</p> <p>School Terms</p> <p>3pm –6pm</p>	<p>Cost will depend on activity</p>

Computers & Technology

Details	Dates	Cost
<p><u>Tech Time</u></p> <p>Want to learn more about your device? Trying to keep up with all the updates and new apps that pop up? Feeling a bit lost with technology?</p> <p>Drop in to this weekly session for group workshops to help with smartphones, tablets, and other portable devices.</p>	<p>Monday weekly 9.15am—10.15am</p>	<p>FREE</p>

Health & Wellbeing

Details	Dates	Cost
<p><u>Over 60's Exercise Class</u></p> <p><i>Bookings for this class is essential</i></p> <p>Are you over 60 and would like to move more? Come and join our over 60's exercise class. This class is medium to high intensity to expect to sweat!</p> <p>BYO: Mat, sweat towel & water bottle</p> <p>Please wear suitable clothing</p>	<p>Tuesday weekly</p> <p>10.00am -10.45am</p> <p>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</p>	<p>\$72 for term 4 Or \$8 per class</p>
<p><u>Over 60's Exercise Class</u></p> <p><i>Bookings for this class is essential</i></p> <p><u>Low intensity</u> Are you over 60 and would like to move more? Come and join our over 60's exercise class. This class is low intensity, it suitable for people with limited mobility or like the slower pace of an exercise class. This class is predominately done seated however some exercises are preformed standing up & behind your chair.</p> <p>BYO: Water bottle & sweat towel</p>	<p>Tuesday weekly</p> <p>11.00am -11.45am</p> <p>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</p>	<p>\$72 for term 4 Or \$8 per class</p>

Health & Wellbeing

Details	Dates	Cost
<p><u>ZUMBA GOLD</u></p> <p>A slower-paced, lower intensity version of a regular Zumba class.</p>	<p>Tuesday weekly</p> <p>9.00am-9.45am</p> <p>Dakers Centre at 23 Smith Street. Call for details.</p>	<p>\$72 for term 4 Or \$8 per class</p>
<p><u>Women's Self Defence Class</u></p> <p>Brad, our qualified trainer, will teach a aerobic workout style, self defence program for women aged 12 plus , incorporating self confidence, fitness and self preservation.</p> <p>Limited spaces, BOOKINGS ESSENTIAL</p>	<p>Tuesday</p> <p>Weekly in School Term</p> <p>5pm –6pm</p>	<p>\$5 for first session then \$12 per class or discount term fee \$100</p>
<p><u>LCH Wednesday Walkers</u> (Heart Foundation Walking Group)</p> <p>Enjoy walks around the town (and beyond) in good company. Enjoy some fresh air and see new views of your town. This group usually grabs a coffee at a local café after their walk, all welcome to join.</p>	<p>Wednesday weekly</p> <p>9:30am</p>	<p>FREE</p>
<p><u>Hatha Yoga</u> (Pat Warburton)</p> <p>Gentle “body and soul” stretching and relaxation for all ages.</p> <p>BYO: mat, rug, and cushion or pillow</p>	<p>Wednesdays</p> <p>1st class: advanced 9am –10am</p> <p>2nd class: beginners 10.15 am - 11.00am</p>	<p>\$5.00</p> <p>\$4.00</p>
<p><u>Meditation</u> (Pat Warburton)</p> <p>Guided Meditation BYO: mat, rug, and cushion or pillow</p>	<p>Wednesdays during school term</p> <p>11.00am—11.30am</p>	<p>\$3.50</p>
<p><u>T.O.P.I.C (Take Off Pounds in Company)</u></p> <p>A friendly group supporting one another to be healthy</p>	<p>Thursday weekly</p> <p>12.30pm onwards</p>	<p>\$4.00</p>

Term 4, 2023 at a glance

Monday		
9.15 - 10.15am	Tech Time	Weekly
10.30am-12.30pm	Creative Writing Class from October 9th	Weekly
1.00 - 2.30pm	Ukulele	Weekly
1.00 - 4.00pm	LCH Solo Card group	Weekly
Tuesday		
9.00—9.45am	Zumba Gold	Weekly
9.30am - 12pm	All abilities Women's Group	Weekly
10.00am - 12pm	Creative Writers	Weekly
10.00 - 10.45am	Over 60's medium Exercise Group	Weekly
11.00 - 11.45am	Over 60's low intensity Exercise Group	Weekly
1.00 - 4.00pm	Sewing & Patchworking	Weekly
3.00 – 6.00pm	NDIS afterschool social group	Weekly
5.00 - 7.00pm	Mixed Media workshops	Weekly
5.00 - 6.00pm	Women's Self Defence	Weekly
Wednesday		
9.30 - 10.30am	Wednesday Walkers	Weekly
9.00 –10.00am	Hatha Yoga Advanced	Weekly
10.15– 11.00am	Hatha Yoga Beginners	Weekly
11.00 -11.30am	Meditation	Weekly
1.00pm- 3.00pm	Mahjong	Weekly
4.00pm-5.30pm	Kids Art	Weekly
7.00 - 9.00pm	LCH Photography Group	3rd Wed



**Registration for all classes, workshops and groups is essential.
Call us on 03) 56623962 to book.**

Thursday		
10.am - 12pm	Craft in Company	Weekly
12.30 onwards	T.O.P.I.C	Weekly
2.00 - 4.00pm	Beginners Sewing	Weekly
Friday		
9.00 - 12.30pm	LCH Solo Card Group	Weekly
10am - 12pm	Painting with Acrylics	Weekly
10.00- 11.00am	Conversations in Italian	Weekly
11.15am-12.15pm	Conversations in Italian (beginners)	Weekly
1.00 - 2.00pm	Chronic Pain/Mental Health Support Group	Weekly
7pm onwards	Parents and Friends of Queer Youth	1st Fri of month
Saturday		
5.30 - late	Leongatha Dungeons & Dragons	Weekly
12.00 - 2.00pm	Beginners Sewing	Weekly
12.00pm-4pm	Christmas Calligraphy Workshop	Sat 11th Nov
1.00pm-3pm	Christmas Card Workshop	Sat 2nd Dec
10am-11.30am	Christmas Decoration Workshop	Sat 25th Nov
Sunday		
10.30am - 3pm	Knitting and Crochet	1st Sunday

User Groups

We are proud to be the chosen "home" for the following groups that meet at the Community House. Additional or new groups are always welcome. Please note: the Community House does not run these groups; if you want to participate in any of them, we do have contact details.

Basketry & Fibre Group meets on the 4th Sunday at 10:30am

Leongatha Group of Alcoholics Anonymous meets weekly on Saturdays 10am

Leongatha Horticultural Society Committee meets 2nd Thursday at 4pm-6pm

Hobbies & Interests

Details	Dates	Cost
<p><u>Ukulele Jam</u> (Janet Head)</p> <p>Do you play the ukulele? Or you'd like to learn? Whether you're an experienced player or just starting out, come along for practice and fun.</p>	<p>Monday weekly</p> <p>1.00pm - 2.30pm</p>	<p>\$3.00</p>
<p><u>Conversazioni in Italiano</u> (Conversations in Italian with Connie Di Blasi)</p> <p>Advanced group — for those who already have some familiarity with the Italian language, this group is an opportunity to practice and improve your fluency in an informal and fun atmosphere.</p> <p>Beginners — for those who does not have any previous experience</p>	<p>Friday weekly</p> <p>Advanced 10.00am - 11.00am</p> <p>Beginners 11.15am - 12.15pm</p>	<p>\$100</p> <p>Term fee No refunds for missed classes Payment plan available</p>
<p><u>Leongatha Dungeons & Dragons Group</u></p> <p>This table-top role-playing game is loads of fun; join the group for amazing adventures, explore new worlds, and let your imagination take flight. 18 and over.</p>	<p>Saturday every week</p> <p>5.30pm until late</p>	<p>\$3.00</p>
<p><u>LCH Photography Group</u></p> <p>Do you own a DSLR camera and have an interest in photography? Come along to our monthly meeting to share all things photography, in a fun & relaxing way.</p>	<p>3rd Wednesday of every month 7pm - 9.00pm</p>	<p>Gold coin</p>
<p><u>LCH Solo Card Group</u></p> <p>Come along and learn how to play this interesting and fun card game.</p>	<p>Monday 1:00pm – 4.00pm Friday 9.00am – 12.30pm every week</p>	<p>\$3.00</p>

Hobbies & Interests

Details	Dates	Cost
<p><u>Creative Writing Group</u></p> <p>Do you enjoy writing, have some ideas and want to get them down? Join a friendly group of like-minded people who create, encourage and share ideas.</p>	<p>Tuesday weekly</p> <p>10:00am – 12:00pm</p>	<p>\$3.00</p>
<p><u>Creative Writing Class</u></p> <p>Learn the skills to tell you story with Janet our highly qualified tutor . From poetry to non fiction, short stories to autobiographies and much more</p>	<p>Monday's Start Oct 9th</p> <p>10:30am – 12:30pm</p>	<p>\$150 For 10 classes Payment Plans available</p>
<p><u>Mahjong</u></p> <p>This group welcome Mahjong players of all levels for a fun afternoon of friendly competition. Whether you want to try something completely new or have mastered the game, we would love to have you along.</p>	<p>Wednesday</p> <p>Weekly</p> <p>1pm –3pm</p>	<p>\$3.00</p>

Support Groups

Details	Dates	Cost
<p><u>Parents and Friends of Queer Youth (PFQY)</u></p> <p>Is a monthly gathering of LGBTIQ+ young people and the parents and friends who support them. Come along to help make South Gippsland a better place for queer young people to thrive.</p>	<p>First Friday of every month</p> <p>7pm onwards</p>	<p>Gold coin</p>
<p><u>Chronic Pain Support Group with Nina</u></p> <p>Do you struggle with chronic pain? Join our weekly support group where we welcome people to share their experience in a safe, supportive environment. We will invite guest speakers to join the group on occasion to discuss all things chronic pain. You are welcome to bring pillows, heat packs or anything that will aid your comfort.</p>	<p>Friday Weekly 1pm - 2pm</p>	<p>Gold coin</p>

Workshops

Details	Dates	Cost
<p><u>Calligraphy Class</u></p> <p>Learn the art of Calligraphy with Tutor Jen! This workshop includes Christmas Celtic Uncial Script And make a special Christmas Card</p> <p>Materials—Please Bring: Calligraphy pen, 2b pencil, rubber, ruler, coloured textas.</p> <p>Calligraphy pens for sale on class day if you haven't got one!</p>	<p>Saturday 11th November.</p> <p>12.00pm-4.00pm</p>	<p>\$15</p> <p>Bookings essential, numbers limited.</p>
<p><u>Kids Christmas Card Workshop</u></p> <p>Learn the techniques to make a very special Christmas card with tutor Jen</p>	<p>Saturday 2nd December</p> <p>1.00-3.00pm</p>	<p>\$10</p> <p>Bookings essential, numbers limited.</p>
<p><u>Christmas Decoration Workshop</u></p> <p>Create 2 beautiful and unique wooden xmas decorations. Decoration kits will also be available to purchase on the day!</p>	<p>Saturday 25th November</p> <p>10.00am– 11.30am</p>	<p>\$20</p> <p>Spaces limited so please book</p>

DID YOU KNOW?

***We offer room hire? We have two large rooms that have direct kitchen access plus a computer room and studio room for smaller groups. Ongoing and one off bookings available. Call us to find out more**

Expression of Interest

Do you have a skill or talent you would like to share with others?

Would you like to share your interests and hobby with a like minded group?

What areas of the community are in need of support? And are there groups or services we could help provide in this space?

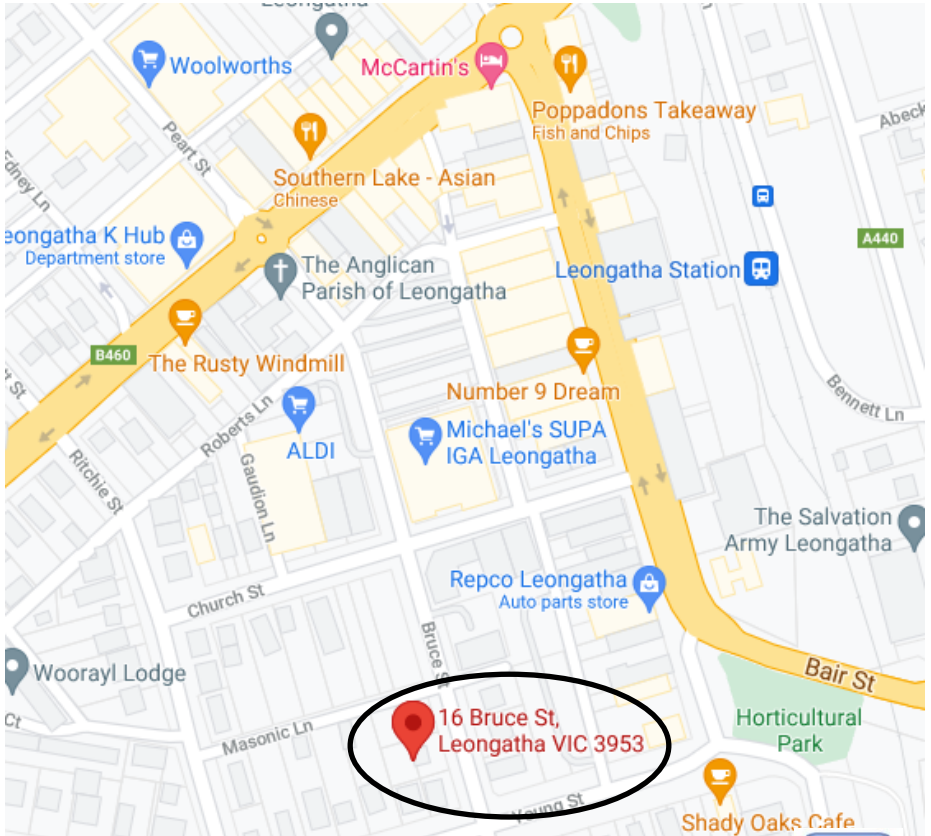
We would love to hear your feedback, about your interests and ideas of what we can do at Leongatha Community House to support you. Share your ideas and let's see how we can bring them to life.

Details	Dates	Cost
<p><u>BOOK CLUB/BOOK CHAT</u></p> <p>We have had some interest for this group, waiting on MYLI to confirm book box availability, before we can commence.</p> <p>Fortnight 1 - Read the same book and share your insights, feeling and thoughts. Fortnight 2 - Recommend a good read to the group!</p>	Fortnightly	\$3.00

Community Bus

Details	Dates	Cost
<p><u>Bus Hire</u></p> <p>Our bus is available for hire for private use and for community groups.</p> <p>Rates vary and rules and conditions apply.</p> <p>Coming soon - In conjunction with GSHS we will be offering a Community Bus Service on Thursdays to Medical Appointments in Wonthaggi. Follow us on Facebook or call us to find out more!</p> <p>Share your ideas for how the bus can serve your community.</p>	<p>Available for hire Monday Tuesday Wednesday Friday Saturday Sunday</p>	<p>Rates Vary.</p> <p>Lower rates for non profits</p>

Where to find us



16 Bruce Street, Leongatha 3953

Office Hours: Monday - Friday: 9:00 am - 3:30 pm

Email: office@leongathacommunityhouse.org.au

Website: www.leongathacommunityhouse.org.au

Facebook: www.facebook.com/leongathach/

Instagram: www.instagram.com/leongatha_community_house/

Registered No A1136 L

ABN: 48 180 414 316



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Leongatha Community House Inc is a proud member of Neighbourhood Houses Victoria and the Australian Neighbourhood Houses and Centres Association and receives support from South Gippsland Shire Council and the Victorian Department of Health & Human Services.

