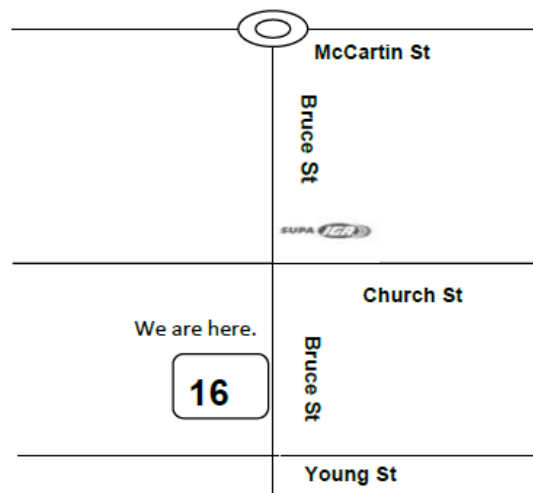



where to find us



 5662 3962

16 Bruce Street, Leongatha 3953

Office Hours: Tues - Sat, 9:00 am - 3:30 pm

Email: office@leongathacommunityhouse.org.au

Website: www.leongathacommunityhouse.org.au

Facebook: www.facebook.com/leongathach/



Registered No A1136 L

ABN: 48 180 414 316

PAYMENTS AND REFUNDS

1. Fees may be paid by cash, cheque or direct debit. Direct Debit details are **Ben-digo Bank BSB: 633-000 Account: 107 338 337**. Please include your name and course name in the reference section.
2. Payment plans are available for all classes; please speak with the co-ordinator when booking.
3. No refund will be given if a student withdraws from a class once it has commenced.

Leongatha Community House receives support from South Gippsland Shire Council and the Victorian Department of Health & Human Services.



LEONGATHA COMMUNITY HOUSE Inc.



Quarter 1, 2020
1st January – 31st March



excluding public holidays

From the President, Toni Daniel

Welcome to another year at Leongatha Community House continues to offer a growing and extensive program of classes, activities and events. We are also proud to be the home of a diverse range of groups that meet in the House.

We host everything from a Dungeons and Dragons group to the local T.O.P.I.C. group. If you are a community group looking for somewhere to meet, drop in and have a chat about how we can work together.

The New Year is a time that many resolve to try something new. Our program is full of sessions that might suit your goals. Perhaps you'll meet some new people and make some new friends while you're trying out a new skill or gaining some new knowledge. Whether a long-time regular, or a newcomer, you're welcome at your Community House. Together, let's make 2020 a great year for all of us.

arts and crafts everyday

Details	Dates	Cost
<p><u>Knitting & Crochet Group</u></p> <p>Experienced or beginner, this friendly group is a great way to share your enjoyment of these fun crafts. BYO lunch and your knitting or crochet project and enjoy a great Sunday.</p>	<p>1st Sunday of every month</p> <p>10:30am – 3:00pm</p>	Gold coin
<p><u>Drawing & Painting Group</u> (Pat Dale)</p> <p>Do you try to draw or paint at home, but never find the time? Join a friendly group of like-minded people who create paintings or drawings and benefit from the exchange of techniques and ideas.</p> <p>BYO paints and equipment</p>	<p>Tuesday every week (except school holidays)</p> <p>From 4th Feb</p> <p>10:00am – 12:00pm</p>	Gold coin
<p><u>Sewing & Patchworking Group</u></p> <p>Gather with others to design, sew, and finish off your projects. Share ideas and motivation with others and make new friends too. Beginners welcome!</p> <p>Machines and supplies available for beginners.</p>	<p>Tuesday every week</p> <p>1.00pm - 4.00pm</p>	Gold coin
<p><u>Craft in Company</u></p> <p>Bring along your WIP's (Works in Progress) or UFO's (Un-Finished Objects) and progress them in good company over a cuppa. Share your successes, and/or learn some new skills.</p>	<p>Thursday every week</p> <p>10:00am – 12:00pm</p>	Gold coin
<p><u>Acrylic Painting for Beginners and Beyond</u></p> <p>Want to try your hand at painting with acrylics? Perhaps you just want some extra tips? Discover the fun of painting with acrylics in our friendly group.</p>	<p>Friday every week</p> <p>10:00am – 12:00pm</p>	\$5.00

life matters

Details	Dates	Cost
<p><u>Auslan for Beginners</u> (Peter Adams)</p> <p>Auslan is the sign language of the Australian Deaf community. Join Peter in this fun and practical 10-week course to learn basic conversational signing.</p> <p>Course requires 10 participants to commence.</p>	<p>Monday for 10 weeks</p> <p>27 Feb – 30 March</p> <p>6.00pm – 7:30pm</p>	<p>\$180.00</p> <p>(\$160 conc.)</p>
<p><u>Legal information Session</u> (Ian Symonds from Ian Symonds and Associates; Inverloch)</p> <ul style="list-style-type: none"> Understanding the different models of retirement villages/aged care accommodation The importance of having / maintaining a will & powers of attorney <p>Bookings essential</p>	<p>Tuesday 11 February</p> <p>9:00am - 10.00am</p>	FREE
<p><u>Get a Grip on your finances</u> (Gail Page)</p> <p>Does managing your money give you a headache? Do you worry about what Christmas will do to your finances? Join Gayle to learn how to take control of your money and finally “get a grip” on your finances.</p> <p>Note: this group is aimed at habits, not financial advice.</p>	<p>Friday every week from 7th February</p> <p>1.30pm - 2.30pm</p>	Gold coin

Classes and workshops are subject to change. Please check with the office on 5662 3962 for the latest details

Other classes and workshops may be established after this program is printed. Like our Facebook page to stay up-to-date.

hobbies and interests

Details	Dates	Cost
<p><u>LCH Photography Group</u></p> <p>Do you own a DSLR camera and have an interest in photography? Do you have photography knowledge you could share with beginners? Come along to our monthly meetings to share in all things photography!</p>	<p>3rd Tuesday of every month</p> <p>7.00pm - 9.00pm</p>	Gold coin
<p><u>Everyday Philosophy</u></p> <p>Philosophy: we have all heard the word, but what is it exactly and how does it relate to the present day? Join us in our quest to understand the views of the great philosophers, and how we can use their insights to guide us through our daily lives.</p>	<p>Wednesday every week beginning 8th January</p> <p>4.30pm - 5.30pm</p>	Gold coin
<p><u>LCH Friendship Group</u></p> <p>Are you looking for a way to meet new people? Tired of going to events on your own? Join our Friendship Group and meet new people who just might share your interests.</p> <p>Contact for full details of venue; bookings essential</p>	<p>1st Friday of every month beginning February</p> <p>6.00pm</p>	At own discretion
<p><u>LCH 500 Card Group</u></p> <p>Whether you're new to the game, or you've played before, come along and enjoy the intricacies of 500.</p>	<p>Friday every week (from 11 January)</p> <p>9.30am - 12:00pm</p>	Gold coin
<p><u>Traveller's Spanish</u> (Hector Velez)</p> <p>Spanish is spoken in 20 different countries and by more than 550 million people world wide. Expand your vocabulary and improve your fluency in these fun and relaxed sessions.</p>	<p>Saturday every week beginning 4 January</p> <p>10.00am - 11.30am</p>	\$5

arts and crafts everyday

Details	Dates	Cost
<p><u>Calligraphy Group</u> (Jenefer Chitty)</p> <p>For those who want to continue to practice and develop their calligraphy skills, this group is the perfect place.</p> <p>Basic supplies provided; other materials available for purchase.</p>	<p>Every 3rd Saturday of the month Beginning March</p> <p>10:00am – 12:00pm</p>	\$10.00
<p><u>Mixed Media Fun</u> (Jessie Murray)</p> <p>Explore the many different ways you can mix artis-tic media to create exciting new pieces. Have fun and learn in an easy relaxed atmosphere.</p>	<p>Friday every week (except public holidays)</p> <p>10:00am – 12:00pm</p>	\$5.00

arts and crafts workshops

<p><u>Calligraphy Workshop: Italic Script</u> (Jenefer Chitty)</p> <p>Learn a basic script in the beautiful art of calligraphy. Participants need to bring basic stationary supplies (list provided at time of booking) with specialist calligraphy materials provided by tutor.</p> <p>Bookings essential; only 7 places available.</p> <p>BYO lunch</p>	<p>Saturday 15th February</p> <p>10.00am - 2.00pm</p>	<p>\$25.00</p> <p>+\$10 for new students for a set of pens</p>
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Leongatha Community House is proud to be a drop-off point for donations to **Gippsland Farmer Relief.**

All donations of non-perishable foodstuffs, hygiene products, and/or cleaning products are gratefully accepted.



arts and crafts workshops

Details	Dates	Cost
<p><u>Scrapbooking Crops</u> (Jessie Murray)</p> <p>Tired of scrapping alone? Want to learn some new techniques, or share ideas to create wonderful scrapbook pages? Join a crop! There will be give-away's, make-&-take's, stash swaps, supplies to purchase, and lots of fun!</p> <p>BYO supplies, tools, snacks and stash to share</p>	<p>4th Saturday of every month</p> <p>10:30am – 4:00pm</p>	\$5 entry
<p><u>Photography for Beginners</u> (Roy Fisher)</p> <p>Learn the trick of the trade from a former professional photographer in a fun and relaxing class. Every wondered what all of those dials and buttons are for on your SLR camera? Well come along and find out and turn your snapshots into PHOTOS that you would be proud to hang on the wall. You would be amazed how much more improvement your photography would become.</p> <p>Focused for beginners to advanced. Learn to shoot landscapes, seascapes, portraits, still life, sunsets, sports, slow water, macro. Silhouettes and much more.</p> <p>BYO camera and any accessories you have</p>	<p>Tuesday's for 5 weeks</p>	\$100
<p><u>Introduction to Acrylic Pour Painting</u> (Terry Guilford)</p> <p>Acrylic Pouring is a fun and easy way to create beautiful and unique abstract art. It incorporates the simple technique of pouring acrylic paint onto a surface, giving a fluid style effect to your artwork.</p> <p>Materials Provided</p>	<p>Monday February 10th</p> <p>10:00am – 12:00pm</p>	\$15

hobbies and interests

Details	Dates	Cost
<p><u>Black Sheep Men's Group</u></p> <p>Make friends while supporting others: this informal and fun group is open to men of all ages and abilities who are interested in a variety of social and service activities.</p>	<p>3rd Sunday of every month</p> <p>2.00pm</p>	Gold coin
<p><u>Coffee Club</u></p> <p>End your month well with good company, gentle conversation, and a hot cuppa. What could be better?</p>	<p>4th Monday of every month</p> <p>10.00am - 12.00pm</p>	FREE
<p><u>LCH Solo Card Group</u></p> <p>Come along and learn how to play this interesting and fun card game.</p>	<p>Monday AND Friday every week Beginning 11th January</p> <p>1:00pm – 4.30pm</p>	Gold coin
<p><u>Ukulele Jam</u> (Janet Head)</p> <p>Do you play the ukulele? Or you'd like to learn? Whether you're an experienced player or just starting out, come along for practice and fun.</p>	<p>Monday every week during school term Feb 3 -Mar 23</p> <p>Beginners: 1.00pm - 2.00pm Jam: 2.00pm - 4.00pm</p>	Gold coin
<p><u>Conversazioni in Italiano</u> (Conversations in Italian with Connie di Blasi)</p> <p>For those who already have some familiarity with the Spanish language, this group is an opportunity to practice and improve your fluency in an informal and fun atmosphere.</p>	<p>Tuesday every week from 14 January</p> <p>1.00pm - 2.00pm</p>	\$10
<p><u>Leongatha Dungeons & Dragons Group</u></p> <p>This table-top role-playing game is loads of fun; join the group for amazing adventures, explore new worlds, and let your imagination take flight. 18 and over.</p>	<p>Saturday every fortnight Beginning 18th January</p> <p>5.30pm til late</p>	Gold coin

health

Details	Dates	Cost
<p><u>LCH Wednesday Walkers</u> (Heart Foundation Walking Group)</p> <p>Enjoy walks around the town (and beyond) in good company. Enjoy some fresh air and see new views of your town.</p>	<p>Wednesday every week</p> <p>9:30am</p>	<p>FREE</p>
<p><u>Tai Chi</u> (Tania Bird)</p> <p>Experience for yourself the life-changing benefits of Tai Chi! This program is safe, effective, easy to learn, and suitable for men and women of all ages.</p> <p>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</p>	<p>Thursday every week (from 6th February)</p> <p>Beginners: 9.45am - 10.30am</p> <p>Experienced: 10.45am - 11.30am</p>	<p>\$5 per session</p>
<p><u>Circle Dancing</u> (Tania Bird)</p> <p>Learn a variety of international folk dances, all danced in a circle, and join with others to enjoy a refreshing lunchtime energy boost, and a lot of fun!</p> <p>No previous dance experience needed.</p> <p>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</p>	<p>Thursday every week (from 6th February)</p> <p>11.45am - 12.45pm</p>	<p>\$5.00 per session</p>
<p><u>WonderWomen Support Group</u></p> <p>Peer support for women survivors of family violence. Recognise the strength within, and embrace your inner "wonder woman". The group is supported by an experienced family violence counsellor.</p>	<p>Thursday every week (except 4th Thursday of the month)</p> <p>10.00am - 12.00pm</p>	<p>Gold coin</p>
<p><u>Sleep Apnoea Support Group</u></p> <p>This group will provide support for people with sleep apnoea.</p> <p>This group is supported by an experienced Sleep Clinician</p>	<p>Every second Wednesday of the month Starting 12th February.</p> <p>2.00pm - 4.00pm or 6.00pm - 8.00pm</p>	<p>Gold coin</p>

computers & technology

Details	Dates	Cost
<p><u>Tech Time</u></p> <p>Want to learn more about your device? Trying to keep up with all the updates and new apps that pop up? Feeling a bit lost with technology?</p> <p>Drop in to this weekly session for one-to-one help with smartphones, tablets, and other portable devices.</p>	<p>Every 1st Monday of the month</p> <p>Beginning 3rd February</p> <p>9:00am – 10:00am</p>	<p>FREE</p>

health

<p><u>Grief & Loss Support Group</u></p> <p>Grief is not straightforward and it's not over quickly. This group connects you with others who know first-hand the up's and down's of grieving. Share your experiences and receive practical and emotional support.</p>	<p>Tuesday every week</p> <p>(except school and public holidays)</p> <p>9.30am - 10.30am</p>	<p>Gold coin</p>
<p><u>Chronic Pain Support Group</u></p> <p>You no longer have to suffer chronic pain alone. Increase your knowledge; share your experiences; and build hope.</p> <p>This group is supported by the Australian Pain Management Association</p>	<p>3rd Tuesday of every month</p> <p>10.00am - 12.00pm</p>	<p>Gold coin</p>
<p><u>Hatha Yoga</u> (Pat Warburton)</p> <p>Gentle "body and soul" stretching and relaxation for all ages.</p> <p>BYO: mat, rug, and cushion or pillow</p> <p>Bookings essential class limited to 7</p>	<p>Wednesday every week</p> <p>from 15 January</p> <p>10.30am - 11.30am</p> <p>Possible extra class if enough numbers</p>	<p>Gold coin</p>

Term 1 at a glance

Monday

10.00 - 12.00	Coffee Club	4th Monday
9.00 - 10.00	Tech Time	1st Monday from Feb 3
10.00 - 12.00	Acrylic Pour Art	February 10 only
1.00 - 4.30	LCH Solo Card group	Weekly
1.00 - 4.00	Ukulele group	Weekly from Feb 3
6.00 - 7.30	Auslan (10 weeks)	From 27th Feb

Tuesday

9.00 - 10.00	Legal Information Session	11th February only
9.30 - 10.30	Grief & Loss Support Group	Weekly
10.00 - 12.00	Drawing & Painting	Weekly from Feb 4
10.00 - 12.00	Chronic Pain Support Group	3rd Tuesday
1.00 - 2.00	Conversations in Italian	Weekly from Jan 14
1.00 - 4.00	Sewing & Patchworking	Weekly
TBA	Photography for Beginners	5 weeks from TBA
7.00 - 9.00	Photography Group	3rd Tuesday

Wednesday

9.30 - 10.30	Wednesday Walkers	Weekly
10.30 - 11.30	Hatha Yoga	Weekly from 15 Jan
4.30 - 5.30	Everyday Philosophy	Weekly from Jan 8

Thursday

9.45 - 10.30	Tai Chi (Beginners)	Weekly from Feb 6
10.00 - 12.00	Craft in Company	Weekly
10.00 - 12.00	WonderWomen Support Group	Weekly (except 4th Thur)
10.45 - 11.30	Tai Chi (Experienced)	Weekly from Feb 6
11.45 - 12.45	Circle Dancing	Weekly from Feb 6

Friday

9.30 - 12.00	LCH 500 Card Group	Weekly
10.00 - 12.00	Painting with Acrylics	Weekly
10.00 - 12.00	Mixed Media Art	Weekly
1.00 - 4.30	LCH Solo Card Group	Weekly
1.30 - 2.30	Get a Grip on your Finances	Weekly from Feb 7
6.00	LCH Friendship Group	1st Friday

Saturday

10.00 - 11.30	Traveller's Spanish	Weekly from Jan 4
10.00 - 12.00	Calligraphy Group	3rd Saturday beginning Mar
10.00 - 2.00	Calligraphy Workshop	15 February only
10.30 - 4.00	Scrapbooking Crops	4th Saturday
5.30 - late	Leongatha Dungeons & Dragons	Fortnightly from Jan 18

Sunday

10.30 - 3.00	Knitting and Crochet	1st Sunday
2.00	Black Sheep Men's Group	3rd Sunday

user groups

We are proud to be the chosen "home" for the following groups that meet at the Community House. Additional or new groups are always welcome.

Please note: the Community House does not run these groups; if you want to participate in any of them, we do have contact details.

Basketry & Fibre Group meets on the 4th Sunday at 10:30am

Leongatha AI-Anon meets weekly on Mondays at 4.00pm

Leongatha Group of Alcoholics Anonymous meets weekly on Thursdays at 7.30pm

Leongatha Arts & Crafts Society meets on the 4th Thursday at 10:00am.

Leongatha Horticultural Society Committee meets on the 2nd Thursday at 4:00pm.

South Gippsland Walking and Adventure Club meets on the 4th Thursday of every 2nd month at 8:00pm.

T.O.P.I.C (Take Off Pounds In Company) meets weekly on Thursdays at 12:30pm

Woorayl Probus Knit & Natter meets on the 3rd Monday at 10:00am

Woorayl CERC meets on the 3rd Monday of every second month at 7.00pm

general information

ROOM HIRE

Rooms are available for hire day or evening. Community (not-for-profits) or business rates apply. Seven (7) days cancellation notice for a room booking is required for a refund.

OTHER SERVICES

Photocopying, laminating services, and public access to computers, internet and Wi-Fi are all available for small fees.

Leongatha Community House Inc is a proud member of Neighbourhood Houses Victoria and the Australian Neighbourhood Houses and Centres Association. You can be assured that your Community House meets all required standards of operation.

Leongatha Community House is proud to be a drop-off point for donations to **Warriors4Wildlife**. All donations of non-perishable pet-foods, towels and blankets for bedding, non-specific medical supplies such as bandages, and/or cleaning products are gratefully accepted.