

Term 4, 2021
4th of October – December 23rd*



Leongatha Community House Inc

• learn • connect • share

From the Coordinator,

It's hard to believe we are in the last term of the year. This year so far, like last year, has come with it's hurdles and challenges. It's been great to see the community come together as one and support our local businesses, neighbours and each other.

This term we have brought back some favourite workshops; Calligraphy, Natural Basketry and the very popular Pizza and Focaccia workshop—take a look inside to see the other fantastic workshops we are running.

We are putting out an expression of interest for a supported **"Sensory Fun for Pre-Schoolers"**. This is a great opportunity for you to get out of the house and spend some quality time with your child while having fun together, singing, dancing, reading, doing messy play, or completing a craft activity at Leongatha Community House. You can find more information regarding this group in the brochure.

The Community House will continue to bring you a program of activities to entertain, teach, and connect – if there is anything you would like to see run at your Community House please come in and let us know.

Leongatha Community House is on both Instagram and Facebook so be sure to give us a "like" to stay up to date.

Maddison Redpath, Coordinator

*excluding public holidays

For the Kids

Details	Dates	Cost
<p><u>Kids Art & Craft</u></p> <p>Join a fun crafty group to create, learn & most importantly have FUN.</p> <p>After school snack is provided.</p>	<p>Thursdays</p> <p>4.00pm - 6.00pm</p> <p>Weekly</p> <p>Bookings essential</p>	<p>\$10.00</p>
<p><u>Ready, Set, Cook</u></p> <p>Come and have fun in our all new kids cooking class.</p> <p>Each week we will cook something new & delicious for the kids to bring home and share.</p> <p>Afterschool snack provided.</p> <p>Kids must be primary school age to attend</p>	<p>Tuesday</p> <p>Start date TBC</p> <p>3.30pm - 5.30pm</p> <p>Weekly</p> <p>Bookings essential</p>	<p>\$10.00</p>

Sensory Fun

For Pre-Schoolers

Details	Dates	Cost
<p>This is a great opportunity for you to get out of the house and spend some quality time with your child having fun together, singing, dancing, reading, doing messy play, or completing a craft activity at Leongatha Community House.</p> <p>If the weather is nice, we will hold these sessions in our backyard so make sure you have a sunhat.</p> <p>Bring some morning tea to enjoy afterwards.</p> <p>Bookings essential</p>	<p>Wednesday weekly</p> <p>11.00pm - 11.45am</p> <p>Or</p> <p>1.00pm - 1.45pm</p> <p>Please let us know your time preference</p>	<p>\$5.00</p> <p>Bookings essential</p>

Arts & Crafts

Details	Dates	Cost
<p><u>Knitting & Crochet Group</u></p> <p>Experienced or beginner, this friendly group is a great way to share your enjoyment of these fun crafts. BYO lunch and your knitting or crochet project and enjoy a great Sunday.</p>	<p>1st Sunday of every month</p> <p>10:30am – 3:00pm</p>	Gold coin
<p><u>Art Together</u></p> <p>Do you try to draw or paint at home but never find the time? Join a friendly group of like-minded people who create paintings or drawings, and benefit from the exchange of techniques and ideas.</p> <p>BYO paints and equipment</p>	<p>Tuesday weekly</p> <p>10:00am – 12:00pm</p>	Gold coin
<p><u>Sewing & Patchworking Group</u></p> <p>Gather with others to design, sew, and finish off your projects. Share ideas and motivation with others and make new friends too. Beginners welcome!</p> <p>Machines and supplies available for beginners.</p>	<p>Tuesday weekly</p> <p>1.00pm - 4.00pm</p>	Gold coin
<p><u>Craft in Company</u></p> <p>Bring along your WIP's (Works in Progress) or UFO's (Un-Finished Objects) and progress them in good company over a cuppa. Share your successes, and/or learn some new skills.</p>	<p>Thursday weekly</p> <p>10:00am – 12:00pm</p>	Gold coin
<p><u>Acrylic Painting for Beginners and Beyond</u></p> <p>Want to try your hand at painting with acrylics? Perhaps you just want some extra tips? Discover the fun of painting with acrylics in our friendly group.</p>	<p>Friday weekly</p> <p>10:00am – 12:00pm</p>	\$5.00

Program update

This term, unfortunately none of our programs are walk-in due to density restrictions. **Bookings are essential for all programs.** Please call or email the Community House to make a booking. Thank you for your understanding.

Dads Group

Details	Dates	Cost
<p>Come and join the Leongatha Dads group. This is a safe space for Dads to socialise & learn.</p> <p>This group is lead by the interest of the participants.</p>	<p>6.30pm—8.30pm</p> <p>Last Monday of the month</p>	<p>FREE</p>

All Abilities

Details	Dates	Cost
<p><u>Woman's Group</u></p> <p>Come and join our woman's group where we will be running all different activities and programs to suit your goals and interests.</p>	<p>Tuesday weekly</p> <p>9.30am—12.00pm</p>	<p>Cost will depend on activity</p>
<p><u>Music</u></p> <p>Our all abilities music program focuses on learning new instruments, writing songs & having fun.</p> <p>*Bookings essential*</p> <p>Please call the Community House for the venue</p>	<p>Tuesday weekly</p> <p>9.30am—12.00pm</p>	<p>\$10.00 per session</p>

Computers & Technology

Details	Dates	Cost
<p><u>Tech Time</u></p> <p>Want to learn more about your device? Trying to keep up with all the updates and new apps that pop up? Feeling a bit lost with technology?</p> <p>Drop in to this weekly session for group workshops to help with smartphones, tablets, and other portable devices.</p>	<p>Monday weekly 9.00am—10.00am</p>	<p>FREE</p>

Health & Wellbeing

Details	Dates	Cost
<p><u>Over 60's Exercise Class</u> (Terry Guilford)</p> <p>Are you over 60 and would like to move more? Come and join our over 60's exercise class. This class is medium to high intensity to expect to sweat!</p> <p>BYO: Mat, sweat towel & water bottle</p> <p>Please wear suitable clothing.</p>	<p>Tuesday weekly</p> <p>10.00am -10.45am</p> <p>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</p>	<p>\$5.00</p> <p>Per session</p>
<p><u>Over 60's Exercise Class</u> (Terry Guilford)</p> <p><u>Low intensity</u></p> <p>Are you over 60 and would like to move more? Come and join our over 60's exercise class. This class is low intensity, it is suitable for people with limited mobility or who like the slower pace of an exercise class.</p> <p>This class is predominately done seated however some exercises are preformed standing up & behind your chair.</p> <p>BYO: Water bottle & sweat towel</p> <p>Please wear suitable clothing.</p>	<p>Tuesday weekly</p> <p>11.00am -11.45am</p> <p>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</p>	<p>\$5.00</p> <p>Per session</p>

Term 4, 2021 at a glance

Monday		
12.00 – 1.00	Meet n' Eat	Last Monday
9.00 - 10.00	Tech Time	Weekly
1.00 - 4.00	Ukulele	Weekly
1.00- 4.30	LCH Solo Card group	Weekly
6.30pm - 8.30	Dads Group	Last Monday of the month

Tuesday		
9.30 - 12.00	All abilities Woman's Group	Weekly
10.00 -12.00	Art Together	Weekly
10.00 - 10.45	Over 60's medium Exercise Group	Weekly
11.00 - 11.45	Over 60's low intensity Exercise Group	Weekly
1.00 - 4.00	Sewing & Patchworking	Weekly
7.00- 9.00pm	Photography for beginners	TBC

Wednesday		
9.30 - 10.30	Wednesday Walkers	Weekly
9.30-12.00	All abilities Music program	Weekly
9.30 -10.30	Hatha Yoga	Weekly
10.45 - 11.45	Hatha Yoga	Weekly
1.00 - 3.00	Writers Group	Fortnightly
7pm - 9.00pm	LCH Photography Group	3rd Wednesday
TBC	Beginners embroidery	Start date TBC

Thursday		
9.45 - 10.30	Tai Chi (Beginners)	Weekly
10.00 - 12.00	Craft in Company	Weekly
10.45 - 11.30	Tai Chi (Experienced)	Weekly
11.45 - 12.45	Circle Dancing	Weekly
4.00 - 5.00	Kids Art & Craft session	Weekly

Friday		
9.30 - 12.00	Painting with Acrylics	Weekly
10.00 - 12.00	Conversations in Italian	Weekly
1.00 - 4.30	LCH Solo Card Group	Start date TBC

Saturday		
10.00 - 11.30	Traveller's Spanish (currently on hold)	Weekly
5.30 - late	Leongatha Dungeons & Dragons	Weekly
12.30 - 4.30	Calligraphy Christmas card workshop	November 20th

Sunday		
10.30 - 3.00	Knitting and Crochet	1st Sunday
10.30- 3.00	Beginners natural basketry workshop	14th of Nov
10am—12.30pm	Pizza & Focaccia workshop	5th of December

User Groups

We are proud to be the chosen “home” for the following groups that meet at the Community House. Additional or new groups are always welcome.

Please note: the Community House does not run these groups. If you want to participate in any of them, we do have contact details.

Basketry & Fibre Group meets on the 4th Sunday at 10:30am

Leongatha Group of Alcoholics Anonymous meets weekly on Thursdays at 7.30pm

Leongatha Arts & Crafts Society meets on the 4th Thursday at 10:00am.

Leongatha Horticultural Society Committee meets on the 2nd Thursday at 4:00pm.

T.O.P.I.C (Take Off Pounds In Company) meets weekly on Thursdays at 12:30pm

Woorayl Probus Knit & Natter meets on the 3rd Monday at 10:00am

Woorayl CERC - contact Woorayl CERC for meeting dates

Workshops

Details	Dates	Cost
<p><u>Photography for beginners</u> (Roy)</p> <p>Learn to shoot landscape, seascape, portraits, still life, sunset, sports, slow water, macro, silhouettes and much more.</p> <p>Learn the tricks of the trade from a former professional photographer in a fun and relaxing class.</p> <p>Ever wonder what all of dials and buttons are for on you SLR camera? Well, come along and find out and turn your snap shots into photos you would be proud to hang on the wall.</p>	<p>Tuesdays for 5 weeks</p> <p>7pm - 9.00pm</p>	<p>\$100.00</p>
<p><u>Calligraphy Christmas Card Workshop</u> (Jenefer)</p> <p>Learn the foundational script of the beautiful art of calligraphy.</p> <p>Participants will need to bring Calligraphy pen, 2B pencil, rubber & a ruler.</p> <p>The Community House can supply these items at an additional fee.</p>	<p>Saturday November 20th</p> <p>12.30pm—4.30pm</p>	<p>\$15.00</p>
<p><u>Beginners embroidery</u> (Shahni)</p> <p>Join our 6 week beginners embroidery course and learn the very popular skill with the very talented Shahni.</p> <p>All design patterns will be provided.</p> <p>Included in the class fee: you will receive an embroidery hoop and all materials.</p>	<p>Wednesday</p> <p>Time dependent on participants preference.</p>	<p>\$85.00 for the whole course.</p>
<p><u>Beginners Natural Basketry workshop</u> (Pat Dale)</p> <p>Learn to coil a small basket with natural materials like, red hot poker leaves, corn sheaths and lomandra.</p> <p>This workshop teaches you to collect and prepare your own materials.</p> <p>Bring sharp cutters and an old towel</p>	<p>Sunday November 14th</p> <p>10.30pm - 3.00pm</p>	<p>\$35</p>

Workshops

Details	Dates	Cost
<p>PIZZA/FOCCACIA WORKSHOP (Christine)</p> <p>Learn how to make delicious fresh pizza at home! In this fun, hands-on workshop Christine will teach you how easy it is to make your own pizzas and focaccias at home! You will learn to prepare the dough, and have it ready for when you feel like pizza! We will cover pizza sauces, including homemade, and types of toppings. On the day, you will have a pizza or focaccia (your choice) to take home for lunch, and some prepared dough to make more pizzas/ focaccia at home.</p> <p>Please bring a container to take home your cooked pizza.</p>	<p>Sunday 5th of December</p> <p>10am—12.30pm</p> <p>Bookings essential</p>	<p>\$55pp</p>



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*All abilities
After School Social
Group*

WEDNESDAYS & FRIDAYS 3.00PM - 6.00PM

CALL THE COMMUNITY HOUSE TO SECURE A SPOT 5662 3962

Health & Wellbeing

Details	Dates	Cost
<p><u>Hatha Yoga</u> (Pat Warburton)</p> <p>Gentle “body and soul” stretching and relaxation for all ages.</p> <p>BYO: mat, rug, and cushion or pillow</p>	<p>Wednesday weekly</p> <p>1st class: 9.30am – 10.30am</p> <p>2nd class: 10.45 - 11.45am</p>	<p>Gold coin</p>
<p><u>LCH Wednesday Walkers</u> (Heart Foundation Walking Group)</p> <p>Enjoy walks around the town (and beyond) in good company. Enjoy some fresh air and see new views of your town.</p>	<p>Wednesday weekly</p> <p>9:30am</p>	<p>FREE</p>
<p><u>Tai Chi</u> (Tania Bird)</p> <p>Experience for yourself the life-changing benefits of Tai Chi! This program is safe, effective, easy to learn, and suitable for men and women of all ages.</p> <p>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</p>	<p>Thursday weekly</p> <p>Session 1: 9.45am - 10.30am</p> <p>Session 2: 10.45am - 11.30am</p>	<p>\$5 per session</p>
<p><u>Circle Dancing</u> (Tania Bird)</p> <p>Learn a variety of international folk dances, all danced in a circle, and join with others to enjoy a refreshing lunchtime energy boost, and a lot of fun!</p> <p>No previous dance experience needed.</p> <p>Note: These sessions are conducted at the Dakers Centre in Smith Street. Call for details.</p>	<p>Thursday weekly</p> <p>11.45am - 12.45pm</p>	<p>\$5.00 per session</p>

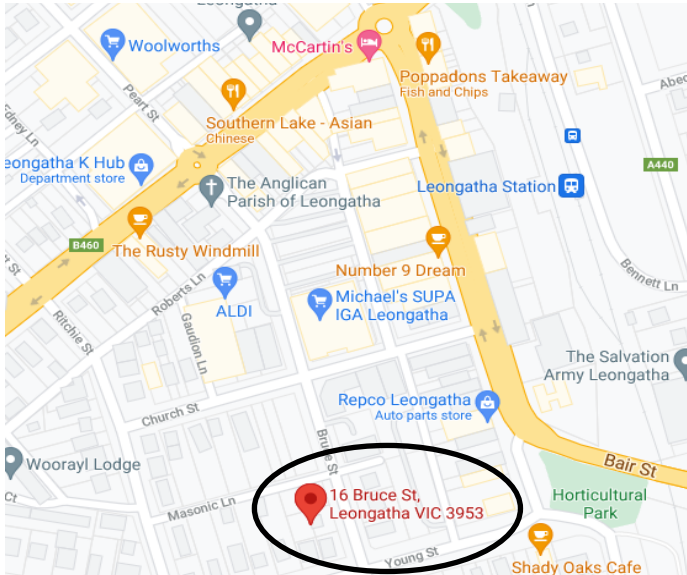
Leongatha Community House Inc is a proud member of Neighbourhood Houses Victoria and the Australian Neighbourhood Houses and Centres Association. You can be assured that your Community House meets all required standards of operation.

Hobbies & Interests

Details	Dates	Cost
<p><u>Ukulele Jam</u> (Janet Head)</p> <p>Do you play the ukulele? Or you'd like to learn? Whether you're an experienced player or just starting out, come along for practice and fun.</p>	<p>Monday weekly</p> <p>Beginners: 1.00pm - 2.00pm Jam: 2.00pm - 4.00pm</p>	<p>Gold coin</p>
<p><u>Conversazioni in Italiano</u> (Conversations in Italian with Connie di Blasi)</p> <p>For those who already have some familiarity with the Italian language, this group is an opportunity to practice and improve your fluency in an informal and fun atmosphere.</p>	<p>Friday weekly</p> <p>10.00am - 11.00am</p>	<p>\$10</p>
<p><u>Leongatha Dungeons & Dragons Group</u></p> <p>This table-top role-playing game is loads of fun; join the group for amazing adventures, explore new worlds, and let your imagination take flight. 18 and over.</p>	<p>Saturday weekly</p> <p>5.30pm til late</p>	<p>Gold coin</p>
<p><u>Traveller's Spanish</u> (Hector Velez)</p> <p>Spanish is spoken in 20 different countries and by more than 550 million people world wide. Expand your vocabulary and improve your fluency in these fun and relaxed sessions.</p>	<p>Saturday weekly</p> <p>10.00am - 11.30am</p> <p>Currently on hold Will resume once we have 5 participants</p>	<p>\$10</p>
<p><u>LCH Photography Group</u></p> <p>Do you own a DSLR camera and have an interest in photography?</p> <p>Come along to our monthly meeting to share all things photography, in a fun & relaxing way</p>	<p>3rd Wednesday of each month</p> <p>7pm - 9.00pm</p>	<p>Gold coin</p>
<p><u>LCH Solo Card Group</u></p> <p>Come along and learn how to play this interesting and fun card game.</p>	<p>Monday AND Friday every week</p> <p>1:00pm – 4.30pm</p>	<p>Gold coin</p>

Leongatha Community House acknowledges the traditional custodians of the land on which we are located, the Bunurong people of the South-Eastern Kulin Nation. We recognise their continuing connection to their culture, land and water. We pay our respects to Elders, past, present and emerging. Sovereignty has never been ceded. It always was and always will be, Aboriginal Land.

Where to find us



16 Bruce Street, Leongatha 3953

Office Hours: Monday - Friday: 9:00 am - 3:30 pm

Email: office@leongathacommunityhouse.org.au

Website: www.leongathacommunityhouse.org.au

Facebook: www.facebook.com/leongathach/

Instagram: www.instagram.com/leongatha_community_house/

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ABN: 48 180 414 316

Leongatha Community House receives support from South Gippsland Shire Council and the Victorian Department of Health & Human Services.

